Journal Writing

Reflection

- Students:
 - Writing about their thinking about a problem
 - Reflect on themselves as participants in mathematics
 - Consider the reasons we are doing certain work in the classroom
- Teachers:
 - Help students develop metacognition
 - Help develop students' sense of self as mathematicians
 - Help students to see the big picture

Summary

- Students:
 - Summarize their work on a problem or unit
 - Reinforce learning and engage and enhance recall and memory
 - Sketch the big picture of school mathematics
- Teachers:
 - Assess how students are approaching a problem
 - Determine what information students are taking away from a unit or lesson
 - Help reinforce main ideas
 - Monitor student comprehension

Set & Assess Goals

- Students:
 - Practice self-regulation and self-assessment
- Teachers:
 - Support students in taking responsibility for their learning
 - Gain perspective into students' views of themselves

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Planning for Future Work

- Students:
 - Break down problem solving
 - Synthesize their work and determine next steps
- Teachers:
 - Support students in adjusting processes to solve problems
 - Support students in noticing and appropriating other's ways

